

# How can you help?



Talk to friends and family who might be struggling to pay for food. Let them know that help is available.

**Call the SNAP Outreach Hotline at  
1-866-306-0270 for information and assistance.**

A trained outreach worker can answer your questions, explain the process of applying for SNAP, and give you the location and phone number of the nearest DHS office that will process the SNAP application.

**As part of the SNAP verification process, most people will need to provide:**

- Identification (such as driver's license or birth certificate)
- Social Security numbers for everyone in the household applying for benefits (includes children)
- Proof of income (such as pay stubs)

**There are also online resources you can use:**

To learn about SNAP: [www.eatbettertoday.com](http://www.eatbettertoday.com)

To apply for SNAP: [www.dhs.ri.gov](http://www.dhs.ri.gov)



The SNAP Outreach Project is a collaboration among the URI Feinstein Center for a Hunger Free America, RI Department of Human Services, US Department of Agriculture. The University of Rhode Island is an equal opportunity employer committed to the principles of affirmative action. The USDA is an equal opportunity provider, employer, and lender. October '18

# Do you know someone who could use a little help buying food?



**There is a way you can help.**



**URI SNAP Outreach Project**

**1-866-306-0270**

[www.eatbettertoday.com](http://www.eatbettertoday.com)

# It's important to look out for each other.

It can be hard to see a friend in need.

That's why we want you to know about the **Supplemental Nutrition Assistance Program, or SNAP.**



When people are going through tough times, SNAP benefits can help them buy the food they need to stay healthy. When someone uses their SNAP EBT card to buy groceries, they aren't just helping themselves, they are also supporting the local economy.

## SNAP Facts

- SNAP participants can have a home, a car, and a bank account.
- Many SNAP participants have jobs. SNAP participants can work and still receive benefits, but for most applicants a job is not required to qualify for benefits.
- SNAP is federally funded. There are enough benefits for everyone who qualifies.
- SNAP participants may be eligible for lower electric and telephone rates.
- Children in households that receive SNAP are eligible for free school meals.

**The SNAP Outreach Project is here to help.  
Call us toll-free at 1-866-306-0270**

# Many people are surprised to find out they qualify for benefits.

Individuals or families whose monthly income meets or falls below the guidelines in the chart may be eligible for SNAP benefits.

Household Size	Maximum Monthly Gross Income*
1	\$1,872
2	\$2,538
3	\$3,204
4	\$3,870
5	\$4,536
6	\$5,202
7	\$5,868
Additional	+\$666

\*Income guidelines apply from October 1, 2018- September 30, 2019

Meeting the above income guidelines is the first step toward SNAP eligibility.

The second eligibility step must be determined by the Rhode Island Department of Human Services, the agency in the state that administers SNAP.

DHS will deduct certain expenses from the gross income to see if a net income test is met.

If anyone in the household is elderly or disabled and monthly income is higher than the amount in the chart, the household may still be eligible for SNAP benefits.

**Call the SNAP Outreach Project today to request an application or get more information.**