

So what can I do to help?

Talk to friends and family who need help. Let them know that they can apply through the SNAP office in their area, over the phone or have a friend or family member go to the office for them.

Call the SNAP Outreach Project at **1-866-306-0270**. Outreach staff can tell you the location of the nearest office, answer questions, screen for potential eligibility, and tell you what types of verification you will need.

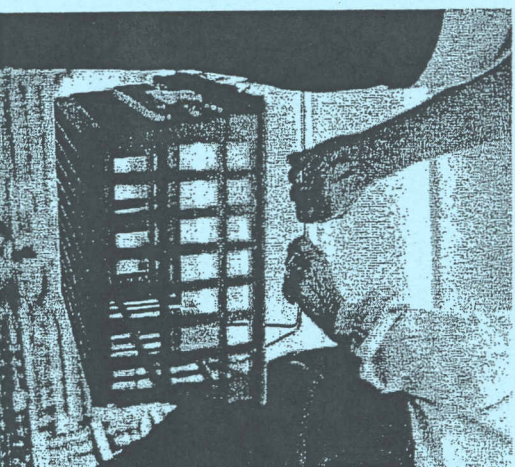
Most people will need to provide:

- Photo Identification (such as driver's license),
- Social Security numbers for everyone they are applying for,
- Proof of rent and utility costs (such as bills or receipts), and
- Proof of income (such as an award letter or check stubs)

You can use the Internet to learn about SNAP at www.eatbettertoday.com or to apply for SNAP at www.foodstamps.ri.gov.

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The SNAP Outreach Project is a collaboration among the URI Feinstein Center for a Hunger Free America, RI Department of Human Services, US Department of Agriculture
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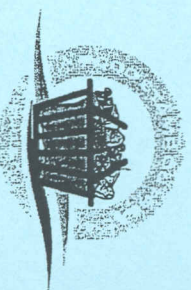
Do you know someone who needs a little help buying food?



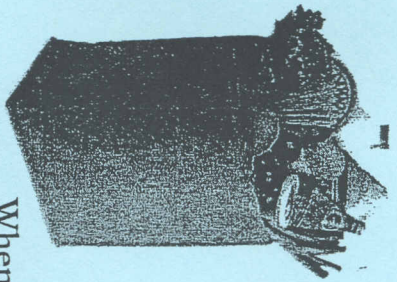
There is a way you can help, and it
won't cost you a thing.



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It's important to look out for each other.



It can be hard to see a friend in need when you don't know how to help them. That's why we want you to know about the Supplemental Nutrition Assistance Program (SNAP).

When people are going through tough times, SNAP can help them buy the food they need to stay healthy. And when they use their SNAP EBT card to buy groceries, they aren't just helping themselves. They are also supporting local grocers and the local economy.

Facts about SNAP

- Everyone who applies and is income eligible receives benefits. There are enough benefits for everyone.
- You can own a house or a car or have a bank account and still get benefits.
- Receiving SNAP benefits can lower your electric telephone bills.
- Receiving SNAP is similar to receiving a social security check. You've contributed to the government, now the government is here to provide you with the assistance you need.
- The SNAP Outreach Project can help with your application, 1-866-306-0270.

There are two ways to be determined eligible for SNAP.

1. *If you meet the income guidelines in the chart below, you may be eligible.*

Household Size	Maximum Monthly Income
1	\$1,044
2	\$1,355
Each Additional Household Member	+312

*Maximum monthly income has standard deduction added to 100% FPL.

2. *If your monthly income is more than the amount in the chart you may still be eligible!*

Certain medical, dependent care and housing expenses can be deducted from your income to help you reach the income guideline.

Call the SNAP Outreach Project toll free at 1-866-306-0270 for more information about deductions or to request an application and Eat Better Today!